No	Recommendation	Responsibility	Anticipated Completion Date/ Completion Date	Evidence of Progress 19/05/10	Assessment of progress (Categories 1-4) 19/05/10	Evidence of Progress 01/09/10	Assessment of progress (Categories 1-4) 01/09/10
1	The Committee recommends that the Director of Public Health together with appropriately identified partners from the Health and Well-being Partnership Board publish a long-term strategy to tackle obesity that is appropriately resourced. The Committee acknowledges the excellent work already carried out by stakeholders and this strategy will capture and build upon the work that is currently delivered in the borough.	Elizabeth Shassere Ruth Hill Claire Spence	By end October 2010	Healthy Weight, Healthy Lives group progressing well and has representation from all sectors who contribute to tackling obesity in Stockton.	2 – on track	Tees-wide Obesity strategy being developed by the Teeswide Obesity Commissioning and planning group and will encompass the treatment element. Locality action plans to progress with prevention agenda through the locality specific Healthy Weight, Healthy Lives Groups. Strategy currently in draft stages and being progressed by the Tees wide Commissioning Planning Group.	2– on track
2	The Committee recommends that the PCT and SBC evaluates not only the success of obesity programmes currently commissioned and delivered within the Borough but also consider introducing examples of best practice elsewhere to ensure that value for money is being achieved and services are delivered in targeted areas and to targeted groups as appropriate.	All commissioners of obesity related activity All members of the HWHL groups.	Ongoing	Evaluation of the adult weight management service Lite4life is progressing well. Final report to be due by February 2011. Performance monitoring of child obesity service 'Young Person's Active Health Scheme' is showing positive outcomes, such as maintenance of weight, improvements in self worth and self esteem and increase in activity levels. Comments from families accessing the service have shown high satisfaction levels. Tier 1 services (prevention) are	2 – on track	Evaluation of the adult weight management service Lite4life is progressing well. Health Improvement received interim report and final report to be due by February 2011. Health Improvement commissioned the evaluation of the 'Young Person's Active Health Scheme'. Carolyn Summerbell's research team from Durham University (Queens Campus) commissioned to carry out the research. Aims of the research are to assess the effectiveness of the service long term (1 year) and provide evidence of which pathways provide best value for money. Final report due July 2011, with an interim report in	2 – on track 2 – on track
				Tier 1 services (prevention) are continued to be monitored		July 2011, with an interim report in January 2011.	

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				through the HWHL partnership group by the introduction of a HWHLs framework to capture current provision and progress, which supports partners to measure outcomes effectively		Health Improvement in partnership with Tees Valley Sport are encouraging all providers of weight management interventions and physical activity interventions to access and follow the DH recommended Standard Evaluation Framework (SEF) to monitor and evaluate their interventions. Free 2 day workshops are been provided by Tees Valley Sport across the Tees Valley funded by the DH. Tier 1 services (prevention) are continued to be monitored through the HWHL partnership group by the introduction of a HWHLs framework to capture current provision and progress, which supports partners to measure outcomes effectively and	2 – on track 2- on track
3	The PCT commission the midwifery service, as part of its service level agreement to introduce progressive nutrition and cooking skills programmes during antenatal visits which should include benefits of breast feeding.	Commissioners of midwifery services in partnership with service managers. Joanne Dobson	Revised Date: March 2011	As part of Transforming Community Services plans are in place to make every contact a health improving contact. The specification development will attempt to maximise opportunities to offer brief interventions and healthy lifestyle advice etc. The working group have not met to progress this element at this stage	2 - On Track	through updates at the meeting. As part of Transforming Community Services plans are in place to make every contact a health improving contact. The specification development will attempt to maximise opportunities to offer brief interventions and healthy lifestyle advice etc. This programme will be going out to tender shortly.	2 – on track

Progress Update – Review of Obesity

Νο	Recommendation	Responsibility	Anticipated Completion Date/ Completion Date	Evidence of Progress 19/05/10	Assessment of progress (Categories 1-4) 19/05/10	Evidence of Progress 01/09/10	Assessment of progress (Categories 1-4) 01/09/10
4	SBC and the PCT make public information available to help women planning conception to prioritise healthy eating and physical activity programmes and offer readily available and appropriate programmes to pregnant women.	Commissioners of midwifery services in partnership with service managers.	Revised Date By end March 2012:	Further work is required to map the capacity – focus has been on breastfeeding as this is key metric for the PCT and LA	3 - slipped	Focus is still on breastfeeding due to DH target	3- Slipped
5	SBC introduce cooking skills development within Children's Centres.	Public health and children's commissioner in partnership with Nutrition and Dietetics service	Revised Date: By end March 2011 – dependant on priorities/ funding	Health Trainer manager has been given the action of mapping current provision by the HWHLP group. Draft mapping work has been shared with the HWHLP group for contributions.	2 - On Track	Mapping work discussed at the HWHLP group. Health trainer manager taking actions forward from Initial thoughts and joint working discussions. To be picked up at the next HWHLP group in August 2010. Small working group will be addressing needs assessment for cookery in Stockton-on-Tees	2- on track
6	SBC and the PCT identify funding and commissioning opportunities and community venues to introduce cooking healthily skills for Stockton Borough residents in order to improve the quality of family eating behaviour.	A community nutritionist service has been commissioned by public health, with part of the remit being to promote cooking skills within the community	Revised Date: By end March 2011 – dependant on priorities/ funding	Health Trainer manager has been given the action of mapping current provision by the HWHLP group. Draft mapping work has been shared with the HWHLP group for contributions.	2 - On Track	Mapping work discussed at the HWHLP group. Health trainer manager taking actions forward from Initial thoughts and joint working discussions. To be picked up at the next HWHLP group in August 2010. Small working group will be addressing needs assessment for cookery in Stockton-on-Tees	2- on track

No	Recommendation	Responsibility	Anticipated				
			Completion Date/ Completion Date	Evidence of Progress	Assessment of progress (Categories		Assessment of progress (Categories
				19/05/10	1-4) 19/05/10	Evidence of Progress 01/09/10	1-4) 01/09/10
10	Promote a strategic approach to healthy eating and physical activity through the introduction of Healthy lifestyle team comprising of Nutritionist (2) and assistants to work with Healthy Schools Team.	Claire Spence/ Elizabeth Shassere / Ruth Hill	March 2010 Ongoing	Healthy Schools programme working on increasing the numbers of schools utilising lively lunchtime crew a sustainable nutrition and physical activity programme for schools lunchtimes. Healthy Schools programme	2 – on track 2 – on track	Leisure and Sports Development (LSD) co-ordinating small grant scheme 'Lively at Lunchtimes' to empower schools to develop physical activity sessions during lunch times that are sustainable. Schools have submitted proposals and LSD have chosen successful proposals.	2 – On track
	Responsibilities would include: § SBC's Children, Education, Social Care (CESC) department to maximise opportunities to promote positive attitudes			and Sports development working on a partnership bid development to link schools to funding streams in sports development to maximise the effective dispersing of funds to measurable outcomes in		More theme days are occurring across the majority of schools, some extra support needed in schools to increase number of these.	
	and behaviours related to healthy eating. § CESC to monitor implementation of School Food Trust Guidelines. § CESC to encourage the increase of school meal take			schools and to sustain the funding for the lunchtime crew. SBC Catering and Building Services working on increasing the number of taster/theme days to open up lunches to all children inclusively.	2 –on track	School Cooks marketing pack in use at all schools, this is on site at every single Primary School and is being used to support themed lunches which improve uptake of school meals.	
	up. § CESC, with School Governors, to introduce healthy lunch box policy. § CESC and the PCT to deliver training to school staff, and included in School Governors training			SBC Catering and Building Services rolling out the cooks pack to market the school lunches effectively across a whole school and utilising the pupil/parent views to develop service provision. Public Health continue to	1 – achieved 1 – achieved	Following consultation with Schools and families service provision changes include: 1. A Grab & Go service in Primary schools. It is a healthy packed lunch which increases uptake of school meals & contributes to a reduction in	
	 programme, to ensure a consistent healthy lifestyle message. § CESC to explore all funding opportunities of breakfast clubs and 			commission the Specialist weight management developed to meet NICE guidance for children and young people (5- 16yrs) and families.		queue times by going to a separate service point. 12 schools are involved currently. (This targets those children currently eating an unbalanced/low nutritional packed lunch)	

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	determine standard quality levels. § CESC to address obesity related school bullying. § PCT and CESC to develop specialist treatment service for children above 98.6 centile. § PCT and CESC to develop robust pathways for referral to other weight management opportunities in the community for secondary school-age pupils. § CESC with SBC's Road Safety Team ensure that each school has in place an appropriate sustainable school travel plan.					 2. A reduction from 4 to 3 week menu rotation which means more child favourite meals which meet the SFT nutritional standards. 3. Taster sessions now run in schools to introduce new recipes and new foods including fruit and vegetable sessions to support the National "Change 4 Life" programme. A new consultation and communication plan is currently being planned with the School meal service, School Food Trust and partners for the new Academic year. 2 local schools (Yarm & Oakdene) successfully identified as Flagship schools for the "Food For Life partnership" which aims to transform school food culture, supported by cooking skills training sessions for these schools and wider community. Each school visited July 2010 by the "focus on food" campaign cooking bus. 18 schools now signed up alongside 4 local ambassadors (from Stockton council/PCT departments) to the Million meals Programme which offers support to increase uptake of school 	

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11	The Committee expects that CESC should continue to explore opportunities with School Governing Bodies to promote:- § The Healthy Schools Programme § The Extended School Day including the promotion of Breakfast Clubs § The opportunity of the wider community accessing school grounds out of school time.	Claire Spence Extended Schools	September 2009 March 2010 Revised Date: March 2011	To progress short term HWHL partnership group agreed to have a short lived working group to progress accessing school grounds Longer term the Building Schools for the Future will be a regular discussion item at the Strategic Sports Network to ensure accessing school grounds is picked up by those involved in BSF. The 'Hangar' youth cafe based at TCS School is open on Mon/Tues/Thurs evenings from 6.30-8.45, the Sports Hall is also used on Mon/Tues 6.30- 7.30pm mostly for Football. Figures from April 09-Dec 09 were 76 participants and 41 young people gaining a recorded outcome. Conyers secondary school have a variety of after school activities for pupils and the wider residents, including activities like dance, line dancing, clubs. They are working actively to widen the scope of their work and to encourage teenage girls to engage more in activities	2 – on track	Building schools for the future continues to be an agenda item at the Strategic Sports Network to ensure a co-ordinated approach with all relevant partners and that all areas are considered in relation to obesity. HWHLP group not yet discussed accessing schools grounds in detail, particularly as the group is aware this is being picked up by the Strategic Sports Network.	2 – on track

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12	The Committee recommends that schools maximise opportunities for physical activity during the school day that contributes to the objective of 5 hours per week of high quality physical education.	Scott Lloyd / School and sports partnerships	Nov 09 Revised Date: Sept 2010 Revised Date: July 2010	The pedometer intervention will be implemented in time for the new school year (September 2010). Public Health commissioned software provider to consult with 5-18yr olds on physical activity	2- on track 2- on track	The pedometer intervention will be implemented in time for the new school year (September 2010). Consultation results regarding 5 hour offer to be disseminated to relevant partners across Stockton by the School and Sports Partnership. Aim	2 - On track 2 – on track
				and to provide a reliable baseline of current activity levels in order for individual schools to target pupils not engaging with the 5 hour offer. School and Sports Partnership co-ordinating this piece of work with schools. Data to be available by July 2010		being to increase number hours children are physically active and to engage those children who currently have very low activity rates.	
13	CESC, in partnership with college governors, identify opportunities to support students age 16+ to develop life skills based on information related to nutrition, cooking skills developments and benefits of exercise in a similar way to how alcohol/drug misuse and smoking cessation has been targeted.	Scott Lloyd/College partners	Dec-10	Research commissioned by public Health to understand barriers to participating in physical activity by young females will provide evidence to further education institutions. Final report due in September 2010.	2 – on track	Research commissioned by public Health to understand barriers to participating in physical activity by young females will provide evidence to further education institutions. Final report due in September 2010.	2 –on track
14	SBC to investigate the effectiveness of policy S14 of Alteration no 1 to the adopted Local Plan in controlling fast food outlets outside of the defined retail	Spatial Planning Manager/Scott Lloyd	Mar-10 Revised Date: Dec 2010 for consultation	Work taken forward through the HWHLP group include: SBC completed mapping work that demonstrated take-away establishments mainly situated	2 –on track	Planning representative still part of the HWHLP group. Planning rep is therefore able to contribute to discussions and other partners able to build networks with planning, such as active travel. This is hoped to support	2 – on track

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	centres, and ensure policies are contained in the Regeneration Development Plan Document to reduce the proliferation of such outlets outside defined retail centres with specific regards to protecting the health and well being of children, especially near parks and school.			in existing centres. Priority is to prevent shops changing to take-aways. Spatial planning manager looking at how to place emphasis of health in future planning decisions.		a change in culture amongst planning. Development and Neighbourhood services have carried out research with regard to planning policies relating to Hot Food Takeaways and Health. As a result, a policy has been incorporated into the retail suite of policies of the draft Regeneration DPD we are producing at Stockton Borough Council. This policy restricts hot food takeaways from being located within 400 metres of any schools, parks and playgrounds in the Borough. However, this does not restrict them from designated town, district, local and neighbourhood centres. This policy will be included in a document which, if all goes to plan and there are no changes to the development plans system, will be available for public consultation in November/December of this year.	
15	SBC and the PCT compile a register of current food outlets in each ISA locality to enable focussed efforts on promoting the development of healthy options and an award scheme that recognises this.	Claire Spence	By end March 2010 Revised Date: March 2011	Mapping work been completed. HWHLP group investigating next steps	2 – on track	Mapping work been completed. HWHLP group investigating next steps	2 – On track

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16	The PCT commission seminars for restaurateurs to learn to adapt recipes with lower levels of fat, salt or sugar as part of the award programme including providing nutrition information on menus and offering smaller portions of adult menu items.	Claire Spence	Mar-10	Will not be progressed following discussion with HWHL Partnership/ feedback to Scrutiny However, taking this forward at the Healthy, Weight, Healthy Lives Partnership group and targeting take-away establishments due to their higher usage compared to restaurants, SBC planning is involved with the group and has already undertaken a piece of work to map take-away establishments across the borough. Work has already started with sandwich style establishments by Trading Standards	4 – Not Achieved	Please refer to previous update	4 – Not Achieved
19	SBC and the PCT establish links with private play centres to include additional opportunistic sessions on healthy eating and cooking skills.	HWHL subgroup	Ongoing	Existing OFSTED requirements review healthy eating.	2 – on track	Existing OFSTED requirements review healthy eating.	2 – on track
21	SBC and the PCT encourage family swimming programmes which offer adult as well as children 'learn to swim' sessions.	Claire Spence	Ongoing	SBC Leisure and Sports Development received funding for learn to swim (children) to support the swimming target of all children leaving primary school being able to swim 25metres.	2 – on track	SBC Leisure and Sports Development received funding for learn to swim (children) to support the swimming target of all children leaving primary school being able to swim 25metres. Health Improvement commission free swimming classes as part of the Sporting Start programme during	1 – Achieved

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					school holidays. Monitoring shows programme delivering to capacity.	
SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity.	Ruby Poppleton Elizabeth Benomran Claire Spence	Ongoing October 2010	Public health commissioned John Moores Liverpool University to carry out research. University are in the initial planning stages with stakeholders across Stockton and are due to conduct field research in May-July 2010.	2 – on track	Public health commissioned John Moores Liverpool University to carry out research. Researchers conducted stage 1 and 2 and are completing stage 3 (focus groups) early August. Final report planned to be completed by September 2010 and will be shared with wider partners.	2 – on track
SBC and the PCT encourage the development of more family programmes	Claire Spence	Ongoing	Public health commission free leisure saver cards to encourage more family activity.	2 – on track	Public health commission free leisure saver cards to encourage more family activity.	1 - Achieved
sports facilities so parents/carers and children could access these together.	responsibility	March 2010	Public health commission early years families obesity prevention programme		Public health commission early years families obesity prevention programme	
		Ongoing	Encouraging providers to support and promote DoH Change4 Life campaign to service users.		Encouraging providers to support and promote DoH Change4 Life campaign to service users.	
		July 2009	SBC Leisure and Sport Development provide a number of services that encourage family participation.		SBC Leisure and Sport Development provide a number of services that encourage family participation. 'Boost for health' funding will have a family focus	
	SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity. SBC and the PCT encourage the development of more family programmes in existing and developing sports facilities so parents/carers and children	SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity.Ruby Poppleton Elizabeth Benomran Claire SpenceSBC and the PCT encourage the development of more family programmes in existing and developing sports facilities so parents/carers and childrenClaire Spence	SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity.Ruby Poppleton Elizabeth Benomran Claire SpenceOngoing October 2010SBC and the PCT encourage the development of more family programmes in existing and developing sports facilities so parents/carers and children could access these together.Claire SpenceOngoing October 2010SBC and the PCT encourage the development of more family programmes in existing and developing sports facilities so parents/carers and children could access these together.Claire Spence All services responsibilityOngoing March 2010	SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity.Ruby Poppleton Elizabeth Benomran Claire SpenceOngoing October 2010Public health commissioned John Moores Liverpool University are in the initial planning stages with stakeholders across Stockton and are due to conduct field research in May-July 2010.SBC and the PCT encourage the development in existing and developing sports facilities so parents/carers and children could access these together.Claire SpenceOngoing March 2010Public health commission free leisure saver cards to encourage the development could access these together.Ongoing July 2009Claire SpenceOngoing March 2010Public health commission free leisure saver cards to encourage more family activity.SBC and the PCT encourage the development in existing and developing sports facilities so parents/carers and children could access these together.Claire SpenceOngoing July 2009Public health commission free leisure saver cards to encouraging providers to support and promote DoH Change4 Life campaign to service users.July 2009SBC Leisure and Sport Development provide a number of services that encourage	SBC and the PCT consider a social marketing campaign to gain insights into barriers that prevent women accessing sport and physical activity.Ruby Poppleton Elizabeth Benomran Claire SpenceOngoing October 2010Public health commissioned John Moores Liverpool University to carry out research. 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				have a family focus			
24	The Committee would urge SBC's Sports Development Team to capitalise on the public interest generated by the 2012 London Olympics and success of the games held during 2008 in Beijing and explore increasing access to sport and activity opportunities. This may include publicising that Tees Active is currently coaching a number of young people who may be competing in the 2012 Olympics to represent Team GB.	SBC Leisure and Sports Development	From September 2009 if approved Revised Date: Jan 2011	As the below actions are over a long time scale they are still progressing: Plan has been developed with timescales and will phase plan over a period of time Initiatives will cater for children and young people and adults and older people A link to the draft Olympic & Paralympic Games Opportunities Plan for Stockton- on Tees was sent to all Members on 24 April.	2 – on track	The Olympic & Paralympic Games Opportunities Plan is at Cabinet in December and will be launched publicly in Jan 2011 when promotion and use of the Games to inspire our communities to get involved and sustain participation in sport will really start. We have delayed the launch of the plan until 2011 to avoid Olympic & Paralympic Games fatigue.	2 – on track
25	SBC and the PCT mainstream the 'Walking for Health' campaign: encouraging at least one third more of the borough's population to achieve 10,000 steps per day by 2010.	Leisure and Sports Development	June 2009 March 2010 Revised Date: March 2011	Walking for Health (stepping out in Stockton) had funding for 10/11.	2 – on track	Stepping out in Stockton service been delivered from various points in Stockton-on-Tees. SBC have launched the 'BIG Challenge competition <i>which</i> will challenge residents and businesses to walk, cycle and use public transport as often as possible in their daily routines. People will be asked to log their daily cycling and walking journeys on the new challenge website which will	

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						challenge prize draws. More information can be found at <u>www.stocktonsbigchallenge.org.uk</u> or contact Sustrans on (01642) 803441	
27	The Committee recommends promotion of the Council's scheme encouraging the use of bicycles for travelling to and from official business.	Neil Ellison, Jonathan Kibble and Scott Lloyd.	Mar-10	The HUB was officially launched on the 16th March and continues to grow in popularity. The project worker continues to engage with local businesses and is leading walks and cycle rides on a weekly basis. Other developments in the near future include a walk/cycle to work challenge and the start of a Nordic walking group. The PCT cycling initiative has been delayed due to the requirement to gain planning permission to install a cycle shed at Teesdale House. SBC cycling initiative has been launched and has been used by over 100 SBC employees.	1 – Achieved	The Council 'Cycle to Work' scheme has been in place since 1 st August 2009 and now has 187 staff registered. The scheme allows employees to access a bike on a salary sacrifice basis, essentially saving 41% on the cost of a bike and equipment. The Council also offer loan bikes to staff to use to get to meetings, sites etc. Currently there are 38 staff taking advantage of this and using bikes for journeys where they would have used a car. Unfortunately after the 1 st September the government are significantly reducing the incentive for employees to take up the scheme. Due to this the PCT will no longer be progressing with investigating the implementation of the scheme.	1 – Achieved
28	The Committee recommends that the PCT and SBC encourage other major local organisations to adopt a similar scheme.	Scott Lloyd	Ongoing	See recommendation 27 update	2 – On track	See R27	2 – on track

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29	The Committee recommends to the PCT and SBC to develop a programme of measures to encourage its employees to engage in regular physical activity. When in place, the Committee would encourage both stakeholders to urge large employers to consider a similar programme for its staff.	Scott Lloyd	Ongoing	Stockton Borough Council achieved bronze level of the North East Better Health at Work award in 2009 and are working towards silver level in 2010, which includes the development of a physical activity policy. All four Tees PCTs are working towards bronze level of the North East Better Health at Work award in 2010; initial results from the health needs assessment done with staff indicates that physical activity is the second most important topic and hence activities will be implemented to support this. For example, the first activity implemented within the PCTs will be a team pedometer challenge starting in May 2010.	2 – on track	All 10 organisations that achieved bronze level of the North East Better Health at Work award are working towards silver level in 2010 and are progressing well. An additional nine new organisations are working towards bronze level. NHS Tees is one of the organisations actively working towards bronze level of the regional award and the team pedometer challenge was launched in May, with 38 teams containing five people each recruited to take part (more than one third of the workforce).	2 – on track
31	The PCT explore the delivery of a multi- component community based weight management service with special emphasis on psychology of eating behaviour.	Rachel Fawcett Claire Spence	March 2010 Ongoing training Revised Date: Feb 2011 for service to start	A Tees wide specification is in development and a timetable for the process has been set.	3 – Slipped but new timetable has been set to go to the market	Market Engagement event was conducted by the PCT in July 2010 in order to stimulate the market before going back out to tender. Significant interest from a range of companies on the service – work is now in place to assimilate this feedback into the revised specification. Will be going to the market in Autumn 2010.	2 – on track

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33	The Committee would recommend to SBC and the PCT to set the example to the wider community in the first instance by encouraging and facilitating healthy lifestyles among its workforce.	Scott Lloyd	1st Dec 2009	See recommendation 29 update	2 - On track	See R29	2 - On track
34	The Committee would urge the PCT and SBC to work with local markets, supermarkets and shops across the borough to publicise healthy eating and assist customers to select healthy and good value options from the range of fruit and vegetables, meat, eggs, and other good quality produce.	HWHL Strategy group	Ongoing March 2012	HWHL is scoping the extent of work that can be developed. Discussion has included aligning work of health trainers, recipe of the week, vouchers for healthy foods etc.	3 – Slipped	HWHL is scoping the extent of work that can be developed. Discussion has included aligning work of health trainers, recipe of the week, vouchers for healthy foods etc.	3 – slipped
35	The Committee would urge the PCT and SBC to review its policies on catering for events such as conferences, meetings etc to ensure that a healthy range is provided.	Scott Lloyd SBC lead	Ongoing	See recommendation 29 update	2 – On track	See R 29	2- on track
36	SBC and the PCT support a range of outlets to promote healthy lifestyle advice and signposting services to pharmacies, community centres, leisure centres,	HWHL subgroups leads	Ongoing	Interviews for social pre-scribing model held in May 2010. (social pre-scribing model service will support and signpost adults to a range of	2 – on track	Appointed post for Social pre-scribing service. Stockton-on-Tees chosen as pilot site for the DoH funded 'Lets Get Moving Pathway' which is a Brief Intervention	1 – Fully Achieved 2 – on track

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	walking schemes etc.			services, in order to support adults in improving their health and well-being)		style model to encourage/enable adult who are inactive to increase their activity levels.	
37	SBC and the PCT develop co-locating services to provide the delivery of healthy lifestyle advice supported with Health Trainer service to improve 1–1 support associated with healthy eating, cooking skills training.	HWHL strategic group	Ongoing	HWHL are starting to explore the connection of ISA/ Health Trainers to services. Initial discussions are focused on targeted work with the most vulnerable groups.	2 – on track	HWHL are starting to explore the connection of ISA/ Health Trainers to services. Initial discussions are focused on targeted work with the most vulnerable groups.	2 – on track
38	That consideration is given by the North Tees and Hartlepool NHS Foundation Trust, under the reconfiguration of hospital services (Momentum), that nutritionists and dieticians are, wherever possible, relocated into community settings to increase the level of community services.	Joanne Dobson	Ongoing	Dietetics service are delivering more community based clinics as part of the momentum plan.	2 – on track	Dietetics services are currently delivering more community based clinics as part of the momentum plan.	2 – on track
39	The Committee recommends that the PCT should engage with its GPs to develop a regular weight monitoring programme of all its patients with its aim of	Further development needed with appropriate partners	March 2011	Public health practitioners visit GP practices every 3 months to discuss issues such as referral processes and training needs. Positive feedback has been received from GP practices.	2 – on track	Public health practitioners continue to visit GP practices every 3 months to discuss issues such as referral processes and training needs. Positive feedback has been received from GP practices. CVD screening	2 – on track

No	Recommendation	Responsibility	Anticipated Completion Date/ Completion Date	Evidence of Progress 19/05/10	Assessment of progress (Categories 1-4) 19/05/10	Evidence of Progress 01/09/10	Assessment of progress (Categories 1-4) 01/09/10
	early intervention and appropriate support for patients.			CVD screening programme is identifying initially high risk patients. BMI is recorded within the process. Ongoing formal evaluation of CVD screening programme is being undertaken by the University of Teesside, which will incorporate GP practice feedback. Programme is being monitored and evaluated, ensuring capture of data, number of people screened, number of people screened, number of people referred onwards etc. One year annual review will be starting with high risks patients who came into the programme one year ago, to review health status and monitor uptake of referrals. Pharmacy component of the programme has just gone live with public health supporting the roll out		 programme is identifying initially high risk patients. BMI is recorded within the process. Ongoing formal evaluation of CVD screening programme is being undertaken by the University of Teesside, which will incorporate GP practice feedback. Programme is being monitored and evaluated, ensuring capture of data, number of people screened, number of people referred onwards etc. One year annual review will be starting with high risks patients who came into the programme one year ago, to review health status and monitor uptake of referrals. Two Pharmacies have gone live and are being supported by public health. Promotion of the new specialist weight pathway will be undertaken when the new service is in place. 	
40	The Committee recognises that advising patients and also parents/carers of a child who is overweight or obese should be handled sensitively and would recommend that a training programme should be developed for those involved in any weight measuring or weight management scheme.	All children commissioners	Pilot completed, waiting for advice from regional office	Tees Valley Sport has been commissioned to deliver four training workshops to frontline staff on child hood obesity, including recognising obesity, approaching the subject and effective strategies to support families. Workshops are to be delivered in 10/11 throughout the Tees Valley	2 – on track	Tees Valley Sport has been commissioned to deliver four training workshops to frontline staff on child hood obesity, including recognising obesity, approaching the subject and effective strategies to support families. Workshops are to be delivered in 10/11 throughout the Tees Valley Tees Valley Sport Post that had been funded by the previous Government has had the funding with drawn as of	2 – on track

No	Recommendation	Responsibility	Anticipated Completion Date/ Completion Date	Evidence of Progress 19/05/10	Assessment of progress (Categories 1-4) 19/05/10	Evidence of Progress 01/09/10	Assessment of progress (Categories 1-4) 01/09/10
						January 2011. Tees valley Sport looking at alternative funding.	